

VENTURA COUNTY BOARD OF EDUCATION

ADMINISTRATIVE

REGULATION NO. 5131.62

ADOPTED: 1/01/95

CLASSIFICATION: Students

**REVISED: 08/24/09
04/28/14**

SUBJECT: Tobacco-Free Schools

TOBACCO USE PREVENTION EDUCATION

The County Office of Education tobacco-use prevention program shall provide students in grades 6–12 and post-secondary instruction and youth development opportunities which address the following topics:

1. Immediate and long-term undesirable physiologic, cosmetic and social consequences of tobacco use.
2. Reasons that adolescents say they smoke, ~~or~~ use tobacco or any product containing tobacco, nicotine or any nicotine delivery system, or other similar device with or without nicotine content that mimics the use of tobacco products.
3. Peer norms and social influences that promote tobacco use.
4. Refusal skills for resisting social influences that promote tobacco use.

As appropriate, VCOE shall provide or refer students in grades 7–12 and post-secondary to tobacco-use intervention and cessation activities.

These services shall be directed toward current users and shall be voluntary for students who desire assistance in ceasing the use of tobacco.

In addition to targeting students who currently use tobacco, VCOE’s program shall target students most at risk for beginning to use tobacco as identified through a local needs assessment.

VCOE shall provide or refer every pregnant and parenting minor enrolled in VCOE educational programs to tobacco-use prevention services. Such services may be integrated with existing programs for pregnant and parenting minors and shall include:

1. Referral to perinatal and related support services
2. Outreach services and assessment of smoking status
3. Individualized counseling and advocacy services

4. Motivational messaging
5. Cessation services, if appropriate
6. Incentives to maintain a healthy lifestyle
7. Follow-up assessment
8. Maintenance and relapse prevention services