

**VENTURA COUNTY BOARD OF EDUCATION**

**BOARD POLICY NO. 5141.52**

**ADOPTED: 12/11/17**

**CLASSIFICATION: Students**

**REVISED: 03/15/21**

**SUBJECT: Suicide Prevention**

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The Ventura County Board of Education and County Superintendent recognize that suicide is a leading cause of death among youth and that school personnel who regularly interact with students are often in a position to recognize the warning signs of suicide and to offer appropriate referral and/or assistance. To attempt to reduce suicidal behavior and its impact on students and families, the Superintendent or designee shall develop measures and strategies for suicide prevention, intervention, and postvention.

In developing measures and strategies for Ventura County Office of Education (VCOE), the Superintendent or designee shall consult with school health professionals, school counselors, school psychologists, school social workers, school nurses, administrators, other school staff, parents/guardians, students, local health agencies, mental health professionals, and community organizations, including law enforcement.

The VCOE shall ensure that measures and strategies for all students are age appropriate and delivered and discussed in a manner that is sensitive to the needs of all students, including K-6.

Such measures and strategies shall include, but are not limited to:

1. Staff development on suicide awareness and prevention for teachers, school counselors, and other employees who interact with any student
2. Instruction to students in problem-solving and coping skills to promote mental, emotional, and social health and well-being, as well as, instruction in recognizing and appropriately responding to warning signs of suicidal intent in others
3. Methods for promoting a positive school climate that enhances students' feelings of connectedness with the school and that are characterized by caring staff and harmonious interrelationships among students
4. The provision of information to parents/guardians regarding risk factors and warning signs of suicide, the impact of the youth suicide problem, VCOE's suicide prevention policy, basic steps for helping suicidal youth, and/or VCOE and community resources that can help youth in crisis

5. Encouragement for students to notify appropriate school personnel or other adults when they are experiencing thoughts of suicide or when they suspect or have knowledge of another student's suicidal intentions
6. Crisis intervention procedures for addressing suicide threats or attempts
7. Assessing for counseling and other postvention strategies for helping students, staff, and others cope in the aftermath of a student's suicide

As appropriate, these measures and strategies shall specifically address the needs of students who are at high risk of suicide, including, but not limited to, students who are bereaved by suicide; students with disabilities, mental illness, or substance use disorders; students experiencing homelessness or out-of-home settings, such as foster care; and students who are of diverse genders and sexualities.

Legal Reference:

EDUCATION CODE

215	Student Suicide prevention policies
215.5	Suicide prevention hotline contact information on student id cards
216	Identification suicide prevention online training programs
234.6	Posting suicide prevention policy on web site
32280-32289	Comprehensive safety plan
49060-49079	Student records
49602	Confidentiality of student information
49604	Suicide prevention training for school counselors

GOVERNMENT CODE

810-996.6	Government Claims Act
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PENAL CODE

11164-11174.3	Child Abuse and Neglect Reporting Act
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WELFARE AND INSTITUTIONS CODE

5698	Emotionally disturbed youth; legislative intent
5850-5883	Mental Health Services Act

COURT DECISIONS

Corales v. Bennett (Ontario-Montclair School District), (2009) 567 F.3d 554

## Management Resources:

### CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS

Health Education Content Standards for California Public Schools, Kindergarten Through Grade Twelve, 2008

Health Framework for California Public Schools, Kindergarten Through Grade Twelve, 2019

### CENTERS FOR DISEASE CONTROL AND PREVENTION PUBLICATIONS

School Connectedness: Strategies for Increasing Protective Factors Among Youth, 2009

### NATIONAL ASSOCIATION OF SCHOOL PSYCHOLOGISTS PUBLICATIONS

Preventing Suicide, Guidelines for Administrators and Crisis Teams, 2015

### U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES PUBLICATIONS

Preventing Suicide: A Toolkit for High Schools, 2012

National Strategy for Suicide Prevention: Goals and Objectives for Action, rev. 2012

### WEBSITES

American Foundation for Suicide Prevention: <http://afsp.org>

American Psychological Association: <http://www.apa.org>

American School Counselor Association: <http://www.schoolcounselor.org>

California Department of Education, Mental Health: <http://www.cde.ca.gov/ls/cg/mh>

California Department of Education, Youth Suicide Prevention:

<http://www.cde.ca.gov/ls/cg/mh/suicideprevres.asp>

Centers for Disease Control and Prevention, Mental Health:

<http://www.cdc.gov/mentalhealth>

National Association of School Psychologists: <http://www.nasponline.org>

National Institute for Mental Health: <http://www.nimh.nih.gov>

Suicide Prevention Resource Center: <http://www.sprc.org/about-suicide>

Suicide Prevention Lifeline: <http://suicidepreventionlifeline.org>

Trevor Project: <http://thetrevorproject.org>

U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration: <http://www.samhsa.gov>